

<p>Begin your spiritual life with the understanding that all conflicts must be settled within your consciousness. (1)</p>	<p>To live spiritually is to know that all is; then do not name, label, define, or judge what is. Be content to know <b>IS</b>, and <i>let</i> what <b>IS</b> reveal its being, nature, and character to you. (6)</p>
<p>There is never a conflict with person or condition, but rather a false concept mentally entertained <i>about</i> person, thing, circumstance, or condition. Therefore, make the correction within yourself, rather than attempting to change anyone or anything in the without. (2)</p>	<p>Prayer is the inner vision of harmony. This vision is attained by giving up the desire to change or improve anyone or anything. (7)</p>
<p>Acknowledge God as the substance, law, cause, and activity of all that is, and immediately refrain from meddling physically or mentally in the without. Get back inside yourself, and there resolve all appearances. (3)</p>	<p>Never seek anything or any condition in prayer. <i>Let</i> harmony define and reveal itself. Let your prayer be <i>letting</i> the <b>IS</b> appear. (8)</p>
<p>When living out from the center of Being, you are untouched by the thoughts, opinions, laws, and theories of the world. Nothing acts upon you because you do not react to the world of appearances. (4)</p>	<p>Prayer is an awareness of that which <b>IS</b> by "<i>seeing</i>" it--not making it so. (9)</p>
<p>In the spiritual life, you place no labels on the world. You do not judge as to good or evil, sick or well, rich or poor. While appearances may show forth harmony or discord, by not judging, you merely know <b>IS</b>, and let that which truly <b>IS</b> define itself. (5)</p>	<p>To pray is to <i>become aware</i> of the harmony without a mental effort on your part. (10)</p>

<p>Prayer is the absence of desire in the recognition of <b>IS</b>. (11)</p>	<p>Rest in the deep, clear well of contentment within you. Peace already <b>IS</b>. (16)</p>
<p>Spiritual wisdom reveals the deep, clear, cool well of contentment within you through your recognition of <b>IS</b>. (12)</p>	<p>Have no desires in the world. Let God's grace suffice. (17)</p>
<p>Be sure that your prayer is not an attempt to influence God. (13)</p>	<p>There are no powers of evil external to yourself. Discords have no external existence. Resolve them within your own consciousness. "Why do the heathen rage, and the people imagine a vain thing?" (18)</p>
<p>Be sure that your prayer is not a desire to improve God's universe. (14)</p>	<p>There is an insight in man that visions through all appearances. Be at peace. (19)</p>
<p>Be at peace: God <b>IS</b>. (15)</p>	<p>Daniel's vision revealed the four temporal kingdoms destroyed by a stone "cut out of the mountain without hands." As you "see" this stone being cut out of the mountains "without hands," you will observe that this stone is the Word. Consciousness, awareness of <b>IS</b>, is the stone which overcomes without might or power, but by the grace of <b>IS</b>. Be at peace. (20)</p>

<p><b>IS</b> alone overcomes the world. (21)</p>	<p>Be content with that which is. (26)</p>
<p>The cool, clear water of the well of contentment within refreshes you with the assurance that joy already <b>IS</b>. "Peace, be still." (22)</p>	<p>Abide in the deep well of contentment. <b>I AM. It Is.</b> (27)</p>
<p>Take your discords into the well of contentment; wash them, and behold--the grace of God! "My peace I give unto you." (23)</p>	<p>If you could discover some form of prayer, meditation, or thought that heals, enriches, or blesses, you would have an <i>effect</i> become God. Impossible! Only God is God! (28)</p>
<p>Be not dismayed: "It is <b>I</b>." (24)</p>	<p>If you could find something or some thought to which to cling -- even then an <i>effect</i> would be God. Impossible! (29)</p>
<p>There are no limitations external to yourself. Be free. (25)</p>	<p>It is impossible to realize God as long as one has in mind a "purpose" or "object" other than realizing God. (30)</p>

<p>It is impossible to achieve anything through God as long as one has a desire to achieve it. <i>God is a jealous God.</i> (31)</p>	<p>Go to God as an empty vessel, desiring fulfillment in God's way and measure. (36)</p>
<p>Do not seek in the realm of thought or thing for God. (32)</p>	<p>God is not in the human scene. If you were aware of the significance of this statement, you could lay down your life and pick it up again, at will. (37)</p>
<p>Anything that can be known is effect--never God. Cease trying. (33)</p>	<p>Life is not at the mercy of matter. (38)</p>
<p>Men, judging by human standards, complain that prayer is not answered. To benefit by prayer, it is necessary to give up all personal concepts of good. Do not try to fit answered prayer into the mold of human desire. (34)</p>	<p>God is not power. When you reach the center of Consciousness, you find a complete stillness--a deep well of Silence. It is not power, since there is nothing for it to be a power to, or over: <i>It just IS.</i> (39)</p>
<p>Truth is infinite; therefore, Truth cannot be known in finite terms. (35)</p>	<p>Gaining an awareness of God does not produce harmony. <i>God's presence is the harmony.</i> (40)</p>

<p>The only error is the sense of God's absence. The awareness of God does not dispel error -- God Itself is the only harmony. (41)</p>	<p>Seeking the objects of good, such as pleasures, things, and places, for the joy of them is a barrier to spiritual unfoldment. Seeking only the realization of God, pleasures, things, and places of joy naturally come into our experience. Then our pleasure is greater in the realization of their Source. (46)</p>
<p>No one can reveal God to another, but by revealing the nature of Prayer, we place him in a position to receive the God-experience. The God-experience can come only through the correct understanding of prayer, since prayer is the point of contact with God; prayer is the avenue of awareness of God; prayer is the preparation of consciousness for the God-experience. (42)</p>	<p>Words and thoughts in prayer are helpful as long as they lead up to the atmosphere of the true communion, which is without words and thoughts. When words and thoughts <i>alone</i> constitute prayer, they become a barrier to the attainment of God-awareness. (47)</p>
<p>Seeking guidance from God at this stage of your unfoldment will set up a sense of separation from God: It gives a sense of God and <i>someone</i> needing help, direction, or wisdom. <i>Actually, you need to let God be your life--then It lives, acts, performs, and IS your very being.</i> (43)</p>	<p>Do not be misled, here is the secret: Fill your consciousness with the word of God; hear It; read It; ponder It; meditate upon It. This enriches and ripens consciousness, and this deeper, purer consciousness now becomes the cause, law substance, and activity of your existence. This nobler consciousness which has evolved through study, practice, and meditation attains the conscious communion with God, and reaches through to the deep silence of <i>My</i> peace. Then you are lifted into a realm of atmosphere transcending words and thoughts. (48)</p>
<p>In our beginning days of meditation, we pondered or contemplated God, the qualities and nature of God, as we understood Him. As we rose higher in consciousness, we learned that any idea of God that we could entertain was not God Himself, but was only a concept of God. Thus we entered the stillness of mind leading to the deep silence of <i>My</i> peace--and <i>experienced</i> God. (44)</p>	<p>The mere reading of truth is but an acquisition of knowledge, not a deepening and enriching of consciousness. <i>It is the deepened and enriched consciousness which is the Christ unto your experience.</i> (49)</p>
<p>In our student days we sought God, or Truth, as a means to health, peace, security, safety, and harmony. Now we <i>know</i> that these are not to be found outside of Him, and that the experience of God is our only desire. Now we have risen above the desire for health or aught save Him alone. All must rise above the desire for peace, health, joy, and abundance. "And this is life eternal, that they might know thee the only true God." (45)</p>	<p>We do not live on the mortal plane of consciousness where evil can happen. (50)</p>

<p>God is not in the realm or reach of mind or thoughts. You must transcend mind and thought in order to reach God. (51)</p>	<p>I die hard. (56)</p>
<p>Any response on a lower plane than pure consciousness is from one's self rather than one's Self. (52)</p>	<p>It is impossible to <i>maintain</i> a state of consciousness <i>not attained</i>. (57)</p>
<p>O Students! Do not strive or seek for heavenly riches in human consciousness. Wait! Wait! <i>Seek a higher level of consciousness</i>: There the Father's treasures are as free as air. (53)</p>	<p>To assume a state of consciousness <i>not attained</i> is earthly. (58)</p>
<p>It is a mistake to believe that human desire and prayer will bring God to your side. There must be a rising in consciousness until His presence is attained--and there rest. Here truly is a perennial rest from care, concern, doubt, and fear. (54)</p>	<p>Consciousness lives Itself--you do not live It. (59)</p>
<p>Students are often concerned that their own happiness, peace, and harmony are not complete, that they can bring greater good to others than to themselves. This often brings doubts and fears to the student: doubt that God is still with him; fear that a sense of separation from God may permanently hold him. <i>These things come only that the student never shall be tempted to glorify himself, or take pride in his own understanding.</i> (55)</p>	<p>Withdraw from personal consciousness as rapidly as possible. Let "I" die. (60)</p>

<p>Even in metaphysics and spiritual practice, the vision has been on more and larger fish in the nets, instead of on leaving your nets and following Me. (61)</p>	<p>Wealth of the purse or no wealth, what does it matter? <i>Wealth must be known of Love!</i> (66)</p>
<p>There is no such thing as "my harmony," my health," or "my supply." <i>His peace</i> passeth all understanding. <i>His grace</i> is sufficient. (62)</p>	<p>In the depths of despair over earthly affairs, this is learned: Find your good in God. (67)</p>
<p>Happiness or unhappiness in human existence, what does it matter? <i>Happiness must be known of the Spirit!</i> (63)</p>	<p>I have told you the <i>real</i> secret of life: God is not with mortals. Take it from there. (68)</p>
<p>Human peace or no peace, what does it matter? <i>Peace must be known of the Soul!</i> (64)</p>	<p>When the spiritual student's house of cards crumbles, he is near to "a house not made with hands, eternal in the heavens." (69)</p>
<p>Health of the body or no health, what does it matter? <i>Health must be known of God!</i> (65)</p>	<p>Spiritual Student! Rejoice as the outer building tumbles down, for the inner Temple is to be revealed. (70)</p>

<p>The mind of the individual seeking help is the Christ-mind--awaiting recognition. (71)</p>	<p>Supply cannot be limited since the Soul is its source and infinity. (76)</p>
<p>The man who has his being "in Christ" finds his capacities and abilities in Soul--not in the brain, body, or muscle. (72)</p>	<p>Soul is the substance, nature, action, and law of <i>all form and is never separate from the form.</i> (77)</p>
<p>Every action of the organs and every function of the body are the activity of the Soul, appearing as bodily action. (73)</p>	<p>"Neither circumcision availeth . . . nor uncircumcision." (Galatians 5:2-4; 6:15) This is the Middle Path of The Infinite Way. (78)</p>
<p>Every skill, every talent, every capacity, and every ability of the mind are really the Soul-action made visibly tangible. (74)</p>	<p>Since sinlessness is the opposite of sin, it is not this. Since health is the opposite of disease, this is not it. But--this too is the Middle Path. (79)</p>
<p>We live in Him. In Him alone we find our completeness and perfection. Apart from Him we are as trees uprooted from the ground--as waves separate from the sea. (75)</p>	<p>The crucifixion of the self is accomplished when there is nothing left for which you wish to pray. (80)</p>

<p>To those unfolding on the spiritual path, come the discordant experiences of human life, until the transition from "this world" has been completely accomplished. The <i>desire</i> is to avoid or escape these inharmonies of mind, body, or economic affairs--but this cannot be done, since the discords result solely from the battle with Spirit and "the flesh," that is, with spiritual consciousness and material sense. (81)</p>	<p>Here you arrive at the great experience: the understanding and attainment of <i>My</i> peace, <i>My</i> wine, <i>My</i> meat-- the infinite invisible Substance, Law and Cause. (86)</p>
<p>To those on the way, harmony in human affairs often is a lack of spiritual awakening; and, therefore, when the battle, leading to the overcoming of "this world" is on, the initiate will remain as quiet as possible under the adverse circumstances, endeavoring to refrain from fighting erroneous conditions and insofar as possible "letting" the warfare go on until the moment of transition arrives. (82)</p>	<p>O my Child! The blessing that is yours as <i>My</i> peace descends upon you, and envelops and sustains you! (87)</p>
<p>When your spiritual study is sincere, the breaking-up of your material world--the desertion of friends, students, or family, a change of health or other outer activity-- often ushers in the spiritual transition, or rebirth. This is the attainment of that which you have sought. (83)</p>	<p>Now you know the meaning of "I will never leave you, nor forsake you." Now you know the rest to be found in the Spirit--that which even the harmonies of "this world" can never give. "Peace, peace, be still." (88)</p>
<p>A tremendous movement is taking place as the initiate discerns the difference between physical harmony and spiritual wholeness. (84)</p>	<p>Santa Claus God! The reason <i>all</i> desire is sin is that desire is based on the concept of a giving or a withholding God. Also, desire is based on the acceptance of something of someone or some place other than God. (89)</p>
<p>Retire often into the center of Being, my Son. Let divine Love engulf you; be at peace in "<i>My</i> peace." (85)</p>	<p>Since God alone <b>IS</b>, and is omnipresence, prayer, true prayer, is a state of consciousness, a conscious communion in union. (90)</p>

<p>I have been in deep grief--so intense that it has torn me to pieces inside--and wondered, "Why, O Lord, why?" In the depth of it, the answer has come: the world's inability to receive and respond to this Christ: the rejection of It by those we expect to possess the gift of vision; the gross ignorance and darkness of the human thought. These bounce back upon me--these rejections and this opacity. Give me Grace to rise above my sorrow. (91)</p>	<p>Only "in God" does one attain the realization of perfection, wholeness, completeness, or oneness. (96)</p>
<p>The Light shines. The Word reveals that when the stumbling block is no longer needed, it is removed. <i>You</i> need not move it, change it, or remove it--it is removed when it is no longer needed. (92)</p>	<p>Attainment comes only as one is loosed from all concepts of Truth, and this comes only by Grace. (97)</p>
<p>Thank you, Father, for Love. (93)</p>	<p>Divested of all concepts of Life, Truth, and Love one stands "in God." (98)</p>
<p>Truth, as it is usually known or declared, is not Truth, except "in God." When one has attained the <i>realization</i> of life in God, it is true that one is spiritual, divine, and God-governed. (94)</p>	<p>Life beyond the grave has no relationship to immortality. Life beyond the grave is but the survival of personality. This personality dies--it must die either this side or that side of the grave--in order that immortality may be realized. <i>The immortal Self is ever-present</i>, even when clothed with personality, but is revealed and lived only in proportion as personality, or the human selfhood, disappears.</p> <p>As long as there remains concern for <i>personal</i> good--security, health, or peace of mind -- there is that which must "die daily" in order that one may be "reborn of the Spirit" into the realization of immortality here and now. (99)</p>
<p>Spiritual truth is not true about humanhood, but about Spirit and Its universe. Humanhood is a state of mesmerism, <i>and only as the illusion breaks</i> is one's life "in God." (95)</p>	<p>Prayer is not an activity of the human mind. (100)</p>

<p>All attempts to contact God through the mind or intellect have failed and always will fail. God can be known only through the Soul and the Soul-faculties. (101)</p>	<p>On the spiritual way, many come to barren places--the desert, the wilderness--and believe that God has forsaken them. Often it <i>appears</i> as if Christ had forsaken them. Then it is that the spiritual seeker must remember that he has not yet attained, that what he believed to be the full realization of Truth, the Christ, or God, was not the fullness of the Spirit. These wilderness experiences reveal that he must still press on, for when the Light is fully come, "I will <i>never</i> leave thee, nor forsake thee." Remember that discords and inharmonies are apparent only to human sense. Spiritual vision sees through--to Reality. (106)</p>
<p>The prayer uttered through the intellect can return fruitage only in proportion to one's belief in that prayer. (102)</p>	<p>Faith does not concern the past or the future. Faith is an activity taking place in the present--now, only now! (107)</p>
<p>Faith in an "unknown God" brings only the harmony of blind belief. God must be known and understood through the Soul. (103)</p>	<p>Faith is an activity of consciousness--just as much so as integrity. Faith is always present in you, even though, like integrity, it may be dormant. The recognition and acknowledgment of the omnipresence of faith as an activity of individual consciousness starts the flow of it into visible and tangible effect. (108)</p>
<p>To an advanced student: You have reached the place where you know every truth that can be known, understood, or received humanly. Now you must reach higher for the Truth that reveals Itself through spiritual means--<i>without human means of communication</i>. (104)</p>	<p>Faith is a quality of God, not of man; but, as a quality of God, it is present in all its fullness. (109)</p>
<p>Why do advanced Souls, even practitioners and teachers, still experience ills and other problems? Whatever degree of mortal or material consciousness that still remains in them is expressing itself. <i>There is no unexpressed consciousness</i>, and even a tiny bit of human consciousness remaining will express itself in terms of human good or evil. This is the law. These two remain side by side until, <i>in proportion</i> as spiritual consciousness unfolds, more and more of material sense is uprooted. Even the Resurrection brought forth a material sense of body, with all the marks of human error. In the Ascension, pure spirituality is revealed. (105)</p>	<p>Do not expect the power of God to function in the "dream," but rather <i>to break the dream</i>. (110)</p>

<p>Do not contact God to adjust, change, or heal the dream. The understanding or awareness of God breaks the dream. (111)</p>	<p>Whenever there is a sense of "needing" God, one is functioning in the dream. (116)</p>
<p>To know that one has been functioning in the dream is the beginning of the awakening. (112)</p>	<p>God is not power in the sense of power over evil, sin, disease, or death. God is not power in any sense involving battle, that is, overcoming or destroying. (117)</p>
<p><i>True non-resistance</i> is the ability not to expect God to function in the dream. This does not mean that one lives without God, but rather, one finds his life to be eternally <i>in God</i>. (113)</p>	<p>God is life, God is love. God <i>IS</i>. Nothing else is. <i>Only God IS</i>. (118)</p>
<p>To refrain from seeking the "help" of God is to be functioning in reality. (114)</p>	<p>Do not be concerned about your relationships with people. Consciously maintain your relationship with God, and <i>this</i> will take care of everything else. (119)</p>
<p>No longer reaching out to God, no longer seeking God's help is to be awakening out of the dream into reality. (115)</p>	<p>Keep your realization of your relationship with God sacred and secret. This relationship, maintained in silence and secrecy, appears outwardly as harmonious human relationships and experiences. (120)</p>

<p>God is the cement between you and your brothers and sisters of the human, animal, vegetable, and mineral families. (121)</p>	<p>These things we perceive with the five senses are objects of mind, with no relationship to Truth. (126)</p>
<p>When thought dwells on person, place, or thing, you are functioning in the dream. (122)</p>	<p>All appearances are sense-objects--not of God, or Truth. (127)</p>
<p>When your thoughts unite in spiritual contemplation, every person, place, or thing becomes a spiritual delight. (123)</p>	<p>All that is objectively witnessed must be understood to be mental images or mind projections--never spiritual reality. (128)</p>
<p>The two great Commandments are cosmic law: Thou shalt have no other God or Power; thou shalt love thy neighbor as thyself. Cast <i>your</i> bread upon the waters. (124)</p>	<p>The reality underlies the sense-formation, but is discerned only by spiritual consciousness. (129)</p>
<p>"For by strength shall no man prevail . . . . The Lord will take vengeance on his adversaries." (125)</p>	<p>The sense-world--human experience--takes place in time and space, and this in itself precludes its being spiritual in nature. (130)</p>

The universe of Spirit, Truth, God, is an activity in eternity. Thus understood, neither birth, disease, accident, nor death has ever occurred. In every instance, when presented with the appearance of humanhood -- even good human beings or conditions--remember that this is not truth, but a mental image in thought, without reality, law, substance, cause, or effect. Then "see" deeper into consciousness and behold that which is--eternity even in what appears as past, present, or future.  
(131)

If it takes place in time and space, do not accept it at its appearance-value, but search deeper in the realm of the Soul.  
(132)